**Supplemental Content 1:** Current Student Athlete Survey Questions

Q1: I am happy with my current access to \_\_\_\_\_\_\_. Select all that apply.

* Mentorship/advising services
* Research opportunities
* Community service/volunteering
* Health professions shadowing
* Patient contact hours

Q2: What are the biggest barriers to utilizing MATCH services/events? Select all that apply to you.

* Conflict with practices/competitions
* Conflict with school class schedule
* Complicated advising session scheduling tool
* Limited availability of advising session times
* Event schedule was not communicated/marketed effectively
* Low energy/fatigue after attending class or practice
* Other (free text response)

Please indicate the extent to which you agree or disagree with the following statements:

Q3: MATCH has prepared me well to apply to a health professional school.

* Strongly disagree
* Somewhat disagree
* Neither agree nor disagree
* Somewhat agree
* Strongly agree

Q4: I have a comprehensive understanding of different health professional career options.

* Strongly disagree
* Somewhat disagree
* Neither agree nor disagree
* Somewhat agree
* Strongly agree

Q5: I have a comprehensive understanding of the requirements to apply to my health professional program of interest.

* Strongly disagree
* Somewhat disagree
* Neither agree nor disagree
* Somewhat agree
* Strongly agree

Q6: I have a comprehensive understanding of the timeline to apply to my health professional program of interest.

* Strongly disagree
* Somewhat disagree
* Neither agree nor disagree
* Somewhat agree
* Strongly agree

Q7: I have a comprehensive understanding of what types of activities I should become involved in to be a competitive applicant to my health professional program of interest.

* Strongly disagree
* Somewhat disagree
* Neither agree nor disagree
* Somewhat agree
* Strongly agree

Q8: What ideas do you have for how MATCH could improve to best meet your needs as a pre-health student-athlete? Please feel free to also use this space to note particular concerns or questions you may have regarding applying to graduate school or exploring healthcare careers.

* (free text response)

Q9: Please rate the likelihood that you would recommend MATCH to a friend/teammate? (1-10)

* 0: Not likely at all
* 10: extremely likely

Q10: How did you learn about MATCH?

* Student athlete
* Coach
* Michigan Athletics Career Center (MACC)
* Social Media
* MACC website
* I have not previously heard about MATCH
* Other (free text response)

Q11: When did you first hear about MATCH?

* Prior to undergrad
* Freshmen year
* Sophomore year
* Junior year
* Senior year
* After graduation
* I have not previously heard about MATCH
* Other (free text response)

Q12: when did you first utilize an MATCH event or advising session?

* Prior to undergrad
* Freshmen year
* Sophomore year
* Junior year
* Senior year
* After graduation
* I have not previously heard about MATCH
* Other (free text response)

Q13: How many MATCH individual advising sessions (i.e. with Dr. Wasco/Wooliscroft) do you utilize per year?

* 0
* 1-3
* 4-6
* 6-10
* More than 10

Q14: How many MATCH sponsored group events (i.e. MATCH Conference) have you attended?

* 0
* 1-3
* 4-6
* 6-10
* More than 10

Q15: What sport(s) do you play? Select all that apply.

* Baseball
* Basketball
* Cheerleading
* Cross country
* Dance
* Field hockey
* Football
* Golf
* Gymnastics
* Ice hockey
* Lacrosse
* Rowing
* Soccer
* Softball
* Swimming/diving
* Tennis
* Track and field
* Volleyball
* Water polo
* Wrestling

Q16: What graduate school program(s) are you considering currently? Select all that apply.

* Dental
* Medical
* Advanced nursing
* Occupational therapy
* Physician assistant
* Physical therapy
* Post-bacc program
* Other (free text response)

Q17: What is your expected year of graduation?

* 2023
* 2024
* 2025
* 2026
* Other (free text response)

Q18: Are you currently completing an undergraduate degree or graduate degree?

* Undergraduate
* Graduate
* Post-bacc

Q19: How do you describe your racial background? Select all that apply from US Census definitions.

* Black or African American
* American Indian or Alaska Native
* Asian
* Native Hawaiian or other Pacific Islander
* Other race
* Hispanic/Latino
* White
* Prefer not to say

Q20: How do you describe your gender identity? Please select your single best option.

* Man (cisgender)
* Woman (cisgender)
* Man (transgender)
* Woman (transgender)
* Non-binary
* Other (free text response)
* Prefer not to say

Q21: One of the goals of the MATCH program is to increase diversity in health professional school applicants. Please select all that apply to you.

* My family is from a low socio-economic background
* I am the first in my family to apply to a healthcare professions school
* I am the first in my family to go to college
* English was not my first language
* None of these apply to me

Q22: Do you plan on taking a “gap year” prior to starting graduate school?

* Yes
* Maybe
* No

Q23: I believe taking a “gap year” is \_\_\_\_\_\_ to my chances of being accepted into a graduate health professional program.

* Harmful
* Helpful
* Neutral
* Uncertain